

## Podho Podho

**Podho Podho Sahajanand Swami;**

Please sleep **Lord Sahajanand (giver of natural happiness)**

**Akhiyaama Nindaraa Bharaani Re ... Podho ... 1**

Your eyes are **full** of **tiredness**

**Haa Re Tame Maathethi Paagh Utaarore;**

O Lord, please (can **you**) remove (**take off**) the **turban** from the **top** (your head)

**Pachi Tame Banaatni Topi Dhaaro Re ... Podho ... 2**

And thereafter (**you**) **wear** (place on) a **cotton hat**

**Haa Re Tame Jarkasi Jaamo Utaarore;**

O Lord, please (can **you**) remove (**take off**) your **overcoat** which is **adorned/embroidered with golden threads**

**Pachi Shaal Dushaala Odho Re ... Podho ... 3**

And thereafter **cover** yourself firstly with a thin **shawl** and then a **thicker shawl**

**Haa Re Tame Kedno Patko Chhodo Re**

O Lord, please (can **you**) **unfasten** the **scarf** (belt) from your **waist**

**Pachi Heerkori Dhoti Dharo Re ... Podho ... 4**

And thereafter **wear** a **light cloth** which has a **golden border**

**Haa Re Podhya Premanandna Swamire;**

**Premanand's Lord** is now sleeping

**Sakhi Joi Joi Anand Paami Re ... Podho ... 5**

**Friends, I attain bliss** by **viewing** this scene