

Shikshapatri - Slokh 7

અને આ શિક્ષાપત્રિ લખ્યાનું જે કારણ છે.તે સર્વે - તેમણે, એકાગ્ર મને કરીને ધારવું
અને શિક્ષાપત્રી, જે અમે લખી છે, તે સર્વેના ગુણને કિતની કરનારી છે.
(શ્લોક ૭)

*Slokh 7 - All the above shall ponder deeply in their mind my object in writing
this Shikshapatri - which is to ensure ultimate good for all living beings.*

Gujarati Terms

Ane - and
Aa - this
Shikshapatri - book of conduct
Lakhyaanu - to write
Je -for which
Karaan - reason
Che - is
Te - that
Sarve - all
Temne - those
Ekagra – single point of fixation
Manne - mind
Karine - by doing
Dhaarvu - take in
Ane - and
Aa - this
Shikshapatri - book of conduct
Je - for which
Ame - we (I)
Lakhi - written
Che - is
Te - that
Sarve - all
Jivna - soul's
Heet - well being
Karnari - doer
Che – is

Meaning

- Bhagwan wrote this shlok for his followers who can fully understand and realise its importance.
- The shikshapatri is written for the welfare of all living beings, so that the Shikshapatri can make a big difference to each and every soul.
- In this verse lord Swaminarayan asks for complete concentration while following the rules of the shikshapatri.

Why was the Slokh written?

Bhagwan knew it was difficult to achieve mental steadiness as this is also demonstrated in the first Vachanamrut question. He wanted his devotees to concentrate as by merely reading the intentions cannot be fully grasped. Bhagwan wrote this as an introductory shlok to inform his devotees that this shikshapatri is written for their welfare, and to read each shlok with full concentration.

How do we follow this Slokh?

- Follow with undivided attention and with complete attention whilst reading the shikshapatri daily
- By performing Maansi pooja earlier in the pooja before reading the slokh the mind becomes steady and can fully concentrate upon the specific words used in each shlok. Hereby being able to study each word and its emphasis within the shlok.