

Vachanamrut GP6

Sermon 1

Difficult Words

- Vivek = Wisdom. Discretion. Carefulness. Good judgment of right and wrong
- Hit/Hitkari = Beneficial (to)

Summary

- Maharaj says a person who is viveki in satsang will always find *avgun* within himself and perceive *guns* in Bhagwan, his saints and devotees.
- When Bhagwan and his saints speak harsh words of advice for his benefit, he will accept them and will not be hurt. Such a person attains greatness in Satsang
- A person who isn't viveki on the other hand will perceive *gun* within himself and will perceive *avgun* in Bhagwan and Saints when they show him his *avguns* and advise him. This person will decline in Satsang due to his ego.

Points to Consider

- When bhagwan has said that look at your avgun and others gun, this does not mean that you have no gun within you, nor does it mean that others do not have avgun in them. Bhagwan says this because it is for our own good. This is because if we focus on our gun then ego develops and you look at others with contempt and inferiority. The best way to go about things is to accept qualities which are beneficial to us and discard qualities which are detrimental.
- Listening or thinking about your shortcomings (avgun) and others gun is very difficult to do and a bitter pill to swallow, hence why it is difficult for most. Yet listening or thinking about your gun and others avgun is sweet in comparison and comes with ease and seems natural. Those who can overcome this will progress on the path to salvation.
- It is said that if there is a dish that has milk and water mixed, then a hans (swan) has an amazing ability to drink the milk and leave the water behind. Upon seeing this once, another animal said to the swan, you're truly great. You can drink only the milk and leave the water behind which is impossible for anyone else. The swan replied, what is so great about that? It is merely something I do to survive. The moral here is that people will praise you but how you take that praise is of importance.
- Devotees of Bhagwan should attribute all praise to him, thinking that everything that I am capable of is due to bhagwan and without him I am nothing. This is once way to overcome praising your own qualities.
- If you have the tendency of taking avgun then there are a few triggers, which may help you. Firstly, Bhagwan has said that if you take avgun of others then those avguns will come and reside in you. Secondly, if there are others taking avgun then either walk away or flip it and say is there

anything positive about this person then?

- Analogy - Consider a coal to be the avgun, the coal is cold when you take avgun of a person who has avgun, so you only get tarnished by the black dust. But when you take avgun of a person who doesn't have the avgun then the coal is burning red hot and you will surely get burnt. Either way you would get tarnished, by the black dust or the red hot burn. So best practice would be not take avgun of others.

Examples

- Yudhistir and Duryodhan – To decide who should be the king of Hastinapur, Bhisma pitama gave a task to both Yudhistir and Duryodhan. He asked both to find the most *guniyal* (person with *guns*) and the most *avguni* person in the whole of Hastinapur. They both went to look for such a person. Duryodhan came back to say that whoever he met had a fault (avgun) in them. "Therefore I am the most *guniyal* person in Hastinapur", said Duryodhan. Yudhistir came back to say that wherever he went he found *guns* in everyone and he himself was full of *avguns*.
- Dattatreya Bhagwan – Dattatreya Bhagwan made 24 gurus in this avtar. These gurus included a spider, a prostitute, a snake, etc. He was able to take something good and learn from even the bad people and things.
- Gunatitanand Swami told a farmer on one occasion to wash his feet before coming to the Sabha, He only told him for his benefit. But the farmer took the message the wrong way and left the sabha immediately and did not return. Few days later Swami asked the villagers about the farmer and his health, the villagers went to the farmer's house to find out about the farmer. The farmer told the villagers "*I will come once I have washed my feet*". Swami was told of this and went to the farmer himself to try and rationalise with the farmer but the farmer took this advice as an insult and refused to return to the sabha but also left the satsang.